Absence of Choice, Presence of Guilt

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Absence of Choice, Presence of Guilt

Elizabeth Todd*

The hedge-apple green baby-doll nightgown —
Where is it now? I don’t remember
Throwing it away or burning it. God,
I hope it doesn’t reappear some day.

Mother, in a stark, stainless steel hospital bed
In front of the fireplace — you were there too long.
You’re in remission now. Why
Weren’t you in remission then?

The black cast iron lock on my antique bedroom door — Why
Did I wait until I was twelve to lock it? I knew how to lock it
When I was seven.

The Father’s Day dinner I cooked for you at your summer cottage — Why
Did you remind me of the size of my nipples? Why
Did you kiss me? Why
Did I have to ask you to leave?
I was eighteen and had buried the memories.
I thought.

I told my oldest brother. We got drunk.
I told my other brother. He asked if Dad went all the way.
Otherwise it didn’t matter.
I told my husband.
If it happened at all, he said.

* Elizabeth Todd earned Bachelor of Science in Business Administration and Master of Business Administration degrees from Bowling Green State University in Ohio and a Juris Doctorate degree from the University of Toledo. She wishes to acknowledge Marion Crain, Professor of Law at the University of North Carolina at Chapel Hill, for her support and encouragement; Barbara Kalman for her expertise and gentle coaching; and her husband, Carl, for his steadfast understanding and love.
Did I consent? Could I have fought back?  
You were my dad and still are,  
I couldn't have.  
I could have.  

Mother, where were you?  
Your job was that of exclusive nurturer  
And you failed to nurture.  
You failed to protect me.  
Why did you sacrifice me?  
You had to have known. He wasn't in your bedroom.  

No one would believe me anyway. The laws were  
made by men and are  
Interpreted and enforced by men.  
If I would have told, I would have been punished, not you.  
I am certain of that.  

Dad, did you know what this would do? Was  
This sexual terrorism a manifestation of  
Your male dominance?  
Did you really mean to punish me  
Just for being a girl?  

Your intimidation did not work when I got older. But maybe  
It did. Maybe  
That is why I can forgive you. Maybe  
This is what causes me to  
Demean and sometimes despise my mother  
Like you do.  

Your violence against women was taken out on me.  
Was I that bad?  
Did I deserve it?  
Is it truly part of an integrated, well-developed,  
But unwritten system designed to control women?  
I thought you did it out of misplaced love.  

The more I succeeded, the more I could bury  
The feelings of worthlessness and contempt.  
The more challenges I met and conquered,  
The more I scrambled to salvage  
Some sense of self-worth.
Now, I can achieve anything I want to.
I can meet and even exceed the performance expectations of others.
But I can never meet or exceed my own.

I do not want to be a victim or a survivor.
Each implies that a part of me was mutilated and
Can never again be made whole.
Instead, I want to be a conqueror.
I want to conquer the feelings of self-doubt and to be complete.
I want to conquer the feelings of mistrust and to believe.
I want to conquer the feelings of fear and to feel safe.

Somewhere
The nightgown still exists.
Somehow
I will eventually destroy it.